

What happens when you are referred to Shine?



1 Referral made to Shine

2 You will be **matched** with a Shine mentor, based on your needs



3 You and your mentor will discuss your needs and put a **mentoring plan** together to identify short, medium and long-term tasks

4 Once tasks are identified, you and your mentor will **work together** to make these happen



5 You will have weekly contact with your mentor, who will **support** you in accessing local services and activities

6 Every six weeks, you and your mentor will have a face-to-face **review meeting** to assess progress, identify issues and plan next steps

